



# Hughesdale HAPPENINGS

Every Child, Every Chance, Every Day



## Principal's Report

Week 9 Term 3 2019 Issue 14

*"Volunteers don't get paid, not because they're worthless, but because they're priceless."*

*– Sherry Anderson*

I have so enjoyed the articles produced by Amanda Breeden-Walton, sharing some of the work, support and community spirit that has been offered to the school through our many volunteers. So much has been achieved for the school and our students by our volunteer community, and as our Carnival approaches, I recognise that we will be drawing upon this support heavily in the coming months. The strong community connections drew me to Hughesdale when I first visited the school, and my sense of great privilege to be working with you all is a lasting one. Thank you Mrs Breeden-Walton for sharing some of the many stories of our volunteers, I find myself now eagerly awaiting the next feature that you share with us all.

### Official Opening

It was exciting to be part of assembly last Friday, where the new building was officially opened by Steve Dimopoulos MP. He was privy to the mature student leadership of the gathering, as well as a tour of the new facility. It was also a timely opportunity to thank School Council members, as well as Parents and Friends Teams, who over the years have supported the planning, implementation and fundraising that has brought the building to fruition. The Hughesdale PS journey has not always been a smooth one. Many may not realise that Craig Tanner, our previous Principal, led the school for over 20 years. During that time, without his dedicated work, the school was under threat of closure.

One of our school values is *Gratitude and without Mr Tanner's commitment, none of us would be here experiencing this fabulous learning organisation. I am very proud of Council's decision to show our deepest gratitude by naming the new building after him.*

*A plaque capturing this story and our gratitude, will be created and placed in the Craig Tanner Building, so that this story will be a lasting memory in the history of our school.*

### Enrolments

The 2020 academic year is rapidly approaching, and I thank those families who have indicated any changes to enrolment status moving forward. If you have a younger child commencing next year, or, think that you are moving out of the area, please come and see us at the office. This will assist us greatly with our 2020 plans.

### Term 3

Monday 9th - Friday 13th September	• F - L2 Swimming Program
Thursday 12th and Friday 13th September	• Victorian State School Spectacular Rehearsals
Friday 13th September	• Senior Assembly
Saturday 14th September	• Victorian State School Spectacular Performances
Monday 16th - Friday 20th September	• F - L2 Swimming Program
Friday 20th September	• Last Day of Term • School finishes at 2.30pm

### Term 4

Monday 7th October	• Term 4 begins
Wednesday 9th October	• Selected L3-6 Division Athletics
Friday 11th October	• L5-6 Summer Interschool Sport begins
Tuesday 15th October	• Foundation Firefighters Visit
Friday 25th October	• L2 Sleepover

Past *Hughesdale Happenings* can be found on **COMPASS** in **Community** under **School Documentation**

### HOW TO CONTACT THE SCHOOL

**SCHOOL 9570 4808** OSHC 0423 940 728

[www.hughesdaleps.vic.edu.au](http://www.hughesdaleps.vic.edu.au)

email: [hughesdale.ps@edumail.vic.gov.au](mailto:hughesdale.ps@edumail.vic.gov.au)

Our family is there for your family



[www.listedsold.com.au](http://www.listedsold.com.au)

## Year 5 & 6, Information Evening - Understanding the Living and Growing Program

In Term Four, all Year 5 and 6 students will be participating in Health Education and the Living and Growing Program that is presented by *SEA Health and Human Development*. This program covers the more sensitive topics within the Victorian Curriculum such as;

- conception, pregnancy and birth
- names and functions of reproductive parts
- physical, social and emotional changes of puberty
- managing friendships
- respect for self and others
- responsible use of technology and social media
- key messages on 'body safety'

To support parents with an understanding of the content covered with children, a parent information session will be held on Monday 7th October at 6:30pm. This evening is connected to the in-classroom programs and held at the school. It will cover:

- why it is important to talk to your child or teenager
- tips on how to talk, what to say and when
- how to kick-start or continue conversations
- tips on how to answer difficult or uncomfortable questions
- what to do when you get caught unprepared by a tricky question
- where to go for further information and support
- resources for parents and their children

**Date;** Monday 7th October

**Time;** 6:30pm to about 7:30pm

**Venue;** In the New Building

To ensure the right number of chairs are available, we will be adding this session to Compass as an opt-in event. I again hope to see as many parents there as possible.

## Assistant Principal's Report

### Recognising our Volunteers

This week I would like to recognise and thank Sui Ling (parent of Anthony 1B) who volunteered for a whole day. Sui Ling spent her day covering new books in our library and assisting for the afternoon in a level 1 room. Sui Ling, we thank you for this assistance.

I would also like to thank the amazing helpers who made themselves available for the Father's and Special friends BBQ and fun night we had at the school on Friday 30th August. A terrific night was had by all. Thank you also to the many dad's and special friends who came along.

### Intensive Swimming Program

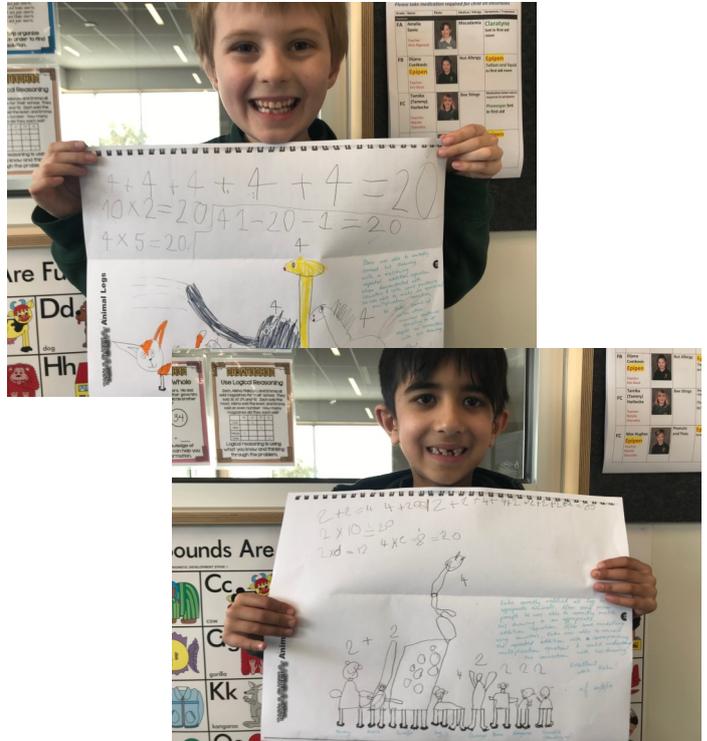
Our Intensive Swimming Program for years Foundation to Level 2 commenced this week and I am please to report is going well. Thank you to Mr Aaron Richards for organising this program and to the teachers for their care and patience assisting so many wet little bodies to get dried and dressed before coming back to school to get right back into their learning.

### Foundation Early Start

Anyone driving past the school last Wednesday morning at around 8am must have been wondering what was going on as

## Learning Shared With Me This Week

- Kaku and Stan from FB and FC did some excellent problem solving in Mathematics.
- Lewis, Jessie, James, Myra and Astrid from 2C all shared their persuasive writing about the value of dogs, the time school should finish and the merits of basketball.
- Zadie, Irene, Alex and Neel shared their amazing achievements with their Level 4 reading challenge.



*kindest Regards,*

**Lisa Gough**

[gough.lisa.n@edumail.vic.gov.au](mailto:gough.lisa.n@edumail.vic.gov.au)

Foundation students and teachers arrived at school in their pyjamas! Students enjoyed breakfast at school before brushing their teeth and getting ready for their special school day. It was amazing to see the smiles on their faces as they were greeted and served by the teaching staff in their sleep wear!

Thank you to the Foundation Team for their planning and organisation behind this activity.



# Assistant Principal's Report

## Level 1 Late Stay



Last Friday night, the gym was alive with circus skills and the smell of delicious pizza wafted through the corridors as our level 1 students enjoyed their Late Stay.



Thanks goes to the amazing level 1 team for their planning, organisation and delivery of such a fun activity.

### Kids Teaching Kids Sustainability Program

Four of our year 5 students attended Mt Waverley Primary School yesterday to take part in a whole day sustainability program.

Many Thanks to Mrs Megan Lillingston who took the day out of her program to drive and participate in the program with these students.

### Victorian States School Spectacular - VSSS

We are very proud to be part of the Victorian State School Spectacular again this year. Students auditioned within the school to take part in this event and have been rehearsing both at school and at offsite locations throughout the past 2 terms. This year's theme is "Made of Stars" will be staged at Melbourne Arena on Saturday and filmed by Channel 7 for broadcast at a later date.

Over 3000 students from schools across Victoria will take part in this event.

'Made of Stars' will present a galaxy of out-of-this-world performances by daredevil BMX riders and skaters, acrobats, circus artists, musicians, haka and hip-hop dancers.

The three-hour show will feature the arrival of a spaceship with a visitor from another planet, a crew of sassy blue street urchins, and a tongue-in-cheek look at fashion and fame.

I personally are very much looking forward to being in the audience this Saturday and wish our budding Hughesdale Stars;

**Dancers** - Afroditi Ioannidou, Athanasia Dassios, Isabella Armstrong, Grace Kamboukos, Ruby Peters, Maria Sofos, Zoe West, Eleni Agiasotelis, Angeleah Guberman, Sarina Azad, Eva Hunter, Billie Sevastas, Cleo Jones, Christina Voudouris, Mia Newman.

**Choir** - Daisy Allica, Laura Fernandez, Alina Cao, Mia McNamara, Simon Huang, Archie Dodd, Deshitha Chandra Gandhi, Alexandra Kotsopoulos, Maeve Lillingston, Houben Gui, Imogen Saario, Chloe Kucera, Sophie Conn, Genevieve Geroges, Zara Davies, Selena Hargraves, Irene Wang, Xavier Torrisi, Amelia Zerveas and Samantha Milenkovski.

A massive THANK YOU goes out to Miss Rachael Strauch, Mrs Madison Runchey, Ms Annie Wylie and Ms Gretel Holmes for their work and dedication to supporting our students and in advance for the 3 full days they are about to take part in with rehearsals and performances at Melbourne Arena this Thursday, Friday and Saturday.

### Class Baskets for School Carnival

*Class baskets and how you can contribute to The Greatest Carnival!*

We are excited to be offering class baskets containing lots of goodies for sale via a silent auction at The Greatest Carnival! We understand that term 4 is busy for many families, therefore the organising committee are asking for your involvement early.

We are very excited to be offering for the first time at HPS, an online silent auction. The baskets will be presented for viewing at The Greatest Carnival with bidding occurring on any hand held mobile device or via iPads provided at the carnival. Class baskets are always a popular attraction to HPS's carnival and with the app it will be even easier for you to bid!

Baskets will carry a theme with each class pre allocated their own theme and parents kindly asked to donate items to suit the theme. Individual contributions between \$10 and \$15 would be much appreciated. Donate an item by yourself or get together with a friend or 2 and purchase something more substantial.

A well-stocked basket usually attracts a winning bid of around \$200 with all money helping achieve our carnival fundraising goal to pay for air conditioning in the new HPS building.

This week you will receive an email from your class representatives with your class theme and some suggested ideas for inclusion. All donations very much appreciated! Please place your donations in the baskets provided in each classroom by Thursday, 19<sup>th</sup> of September.

A prize will be given to the class with the most donations with each student in the winning class.

Thank you in advance, any questions please contact your class basket coordinators or the carnival committee at [hughesdalepcarnival@gmail.com](mailto:hughesdalepcarnival@gmail.com)

The basket theme for your class is to the right ➔

FA	Outdoor Sport
FB	Indoor Toys and Games
FC	Gardening
FD	Car Care
1A	Party for Girls
1B	Italian Food
1C	Gourmet Goodies
1D	Picnic Time
2A	Arts & Crafts/ Stationary
2B	Wrap Me Up (Gift Wrap)
2C	Beach
3A	Coffee Lovers
3B	Cup Cakes
3C	Party for Boys
3D	Bath & Beauty
4A	Chocolate Lovers
4B	Gym Junkies
4C	Tea Time
4D	BBQ
5A	Fun in the Sun
5B	Supa Sundae
5C	Hair Care
5D	I Love Books
6A	Snack Attack
6B	Movie Night
6C	Snack Attack

### Level 6 Travel Expo

On Friday 30<sup>th</sup> August, the level 6 students hosted a travel expo. We were treated to displays, information, dance and greeting which promoted the different counties and travel opportunities. There were so many trips I would have loved to have taken! Congratulations to our level 6 learners for their enthusiasm and hard work they put into this project. It was wonderful to see so many parents come along to support them also. Many Thanks to Mandy Schmidt and the level 6 team for providing this learning opportunity for our students.



### Parenting for Anxious Children

Attached to this newsletter, you will find a flyer for a Parenting Information Session run by the Monash council regarding parenting and anxiety in children. This is a free seminar which I highly recommend.



**Amanda Breeden-Walton**

breeden-walton.amanda.k@edumail.vic.gov.au

## Week 4 - Junior Hughesdale Hero

Class	Name of Student	For Showing (Values)	Reasons
FA	Callum Scott	Personal Best Resilience	<ul style="list-style-type: none"> <li>For trying your Personal Best to improve your handwriting. You bounce back when it is difficult and can say what you need to do to get better. Keep it up Callum!</li> </ul>
FB	Tess Johnston	Gratitude Teamwork	<ul style="list-style-type: none"> <li>For always approaching tasks with a positive attitude.</li> <li>For your willingness to help others when needed</li> </ul>
FC	Will Nailon	Personal Best Gratitude	<ul style="list-style-type: none"> <li>For the fantastic effort, you have put into all class tasks and the terrific enthusiasm you have demonstrated when working towards your learning goals.</li> </ul>
FD	Zahra Louw	Personal Best Teamwork	<ul style="list-style-type: none"> <li>For the excellent work, you have been doing in reading and writing. I have loved seeing you challenge yourself.</li> <li>You have also shown amazing teamwork during our maths tasks this week.</li> </ul>
1A	George Naulls	Teamwork Resilience	<ul style="list-style-type: none"> <li>For persisting when completing a challenging task in class.</li> <li>For your kindness and resilience out on the soccer field.</li> </ul>
1B	Cara Estcourt	Personal Best Resilience	<ul style="list-style-type: none"> <li>Cara aims to achieve her personal best in all learning activities. She bounces back quickly and works hard to solve problems</li> </ul>
1C	Mila Bonnici	Personal Best	<ul style="list-style-type: none"> <li>Mila has been working extremely hard and trying her best to improve in all areas this week.</li> </ul>
1D	Nate Zalcman	Teamwork Respect	<ul style="list-style-type: none"> <li>For helping his peers pack up in class and outside and including others in his games.</li> </ul>

<b>2A</b>	Angus Russell	Teamwork Respect Personal Best	<ul style="list-style-type: none"> <li>Showing resilience in the playground</li> <li>Being kind to his friends</li> <li>Working hard on his multiplication and division</li> </ul>
<b>2B</b>	Katania Major	Personal Best Gratitude	<ul style="list-style-type: none"> <li>For your enthusiasm towards everything we do</li> <li>For working hard to find cause and effect in texts</li> <li>For your kindness towards others</li> </ul>
<b>2C</b>	George Kostopoulos	Personal Best Resilience	<ul style="list-style-type: none"> <li>For showing resilience when learning new multiplication and division strategies</li> <li>Using his time effectively during reading groups</li> <li>Being an excellent helper during the cloud experiment</li> </ul>

## Week 5 - Junior Hughesdale Hero

Class	Name of Student	For Showing (Values)	Reasons
FA	Raghav Pathania	Personal Best Teamwork	<ul style="list-style-type: none"> <li>For showing wonderful teamwork skills while working with a variety of different people. You are putting in your best effort to make good choices about your learning.</li> </ul>
FB	Benjamin Ryan	Personal Best	<ul style="list-style-type: none"> <li>For the responsible way you showed your special friends around on grandparents &amp; special friend's days.</li> <li>You also demonstrated your personal best when practising performing at our concert. Well Done</li> </ul>
FC	Madi Gill	Personal Best Teamwork	<ul style="list-style-type: none"> <li>For the incredible enthusiasm and responsibility you showed when practising and performing our class performance. You showed your personal best and encouraged all your classmates to do the same. Well done!</li> </ul>
FD	Zayden Butler	Personal Best Respect Teamwork	<ul style="list-style-type: none"> <li>For the excellent choices you have been making outside. I have loved seeing the great respect and teamwork you have been showing your classmates.</li> </ul>
1A	Aidan Jacobson	Personal Best	<ul style="list-style-type: none"> <li>For approaching each day with enthusiasm and growing in confidence when engaged in class activities.</li> </ul>
1B	Remy Hayes	Personal Best	<ul style="list-style-type: none"> <li>For working hard to complete your work to the best of your ability.</li> <li>You have been making better choices about where to sit during learning time.</li> </ul>
1C	Chloe Zhu	Respect	<ul style="list-style-type: none"> <li>For showing great respect to her peers, teachers, adults and the public throughout our walking excursion</li> </ul>
1D	Lali Pagonidis	Personal Best Teamwork Respect	<ul style="list-style-type: none"> <li>For working hard to do your personal best in Writing sessions and showing excellent cooperation when working with a partner in Humanities.</li> </ul>
2A	Jorge Spanos Ntovellos	Teamwork Respect	<ul style="list-style-type: none"> <li>Helping his friends in the yard</li> <li>Working well with his reading group</li> <li>Using his manners in class</li> </ul>
2B	Hannah Gallo	Personal Best Respect	<ul style="list-style-type: none"> <li>For listening respectfully throughout our excursion</li> <li>For showing your personal best during all our lessons on division</li> </ul>
2C	James Green	Personal Best Resilience	<ul style="list-style-type: none"> <li>Writing persuasive pieces and narratives with excellent word choice</li> <li>Confidently presenting his work to the class</li> <li>Showing resilience when creating arrays in multiplication</li> </ul>

## Week 6 - Junior Hughesdale Hero

Class	Name of Student	For Showing (Values)	Reasons
FA	Charlotte Fung	Personal Best	<ul style="list-style-type: none"> <li>For showing increased confidence while sharing her book with the class during her Picture Story book presentation. You are displaying this confidence in everything you do.</li> </ul>
FB	Alex Ou	Personal Best Resilience	<ul style="list-style-type: none"> <li>For sharing his thoughts and ideas in class discussions</li> <li>Confidently writing with greater independence</li> <li>Persisting with difficult tasks and remaining focused</li> </ul>
FC	Luke Hollands	Gratitude Teamwork	<ul style="list-style-type: none"> <li>For approaching learning tasks with a positive and enthusiastic outlook, showing appreciation and consideration for your peers and working fairly in pairs and groups.</li> </ul>
FD	Jack Gallo	Personal Best Resilience Teamwork	<ul style="list-style-type: none"> <li>For the brilliant effort you have been putting into your reading and writing. I have loved seeing your increased resilience and the great teamwork you have shown.</li> </ul>
1A	Emmanuel Gerges	Gratitude Personal Best	<ul style="list-style-type: none"> <li>For being kind to everyone and being actively involved in all learning tasks</li> </ul>
1B	Elizabeth Physick Alvarez	Teamwork Personal Best	<ul style="list-style-type: none"> <li>For working cooperatively with Rachael and your small group.</li> <li>You have been trying very hard to focus and share your ideas.</li> </ul>
1C	Chris Koutris	Resilience	<ul style="list-style-type: none"> <li>Chris showed great resilience during the book parade when he chose to participate even though he was nervous and a little scared.</li> </ul>
1D	Zavier Owen	Personal Best	<ul style="list-style-type: none"> <li>For showing confidence and a growing ability to work independently when painting your diorama in Art and solving division problems in Maths.</li> </ul>
2A	Arnav Patil	Personal Best Resilience Gratitude	<ul style="list-style-type: none"> <li>Working very hard on his multiplication and division learning task.</li> <li>Being kind to his friends.</li> <li>Always listening to feedback.</li> </ul>
2B	Finn Lillingston	Personal Best	<ul style="list-style-type: none"> <li>For always doing your personal best</li> <li>For your deep thinking and questioning about our water experiments</li> </ul>
2C	Emily Koutovasilis	Personal Best Resilience	<ul style="list-style-type: none"> <li>Trying her best in division by sharing amounts into equal groups</li> <li>Being resilient out in the yard</li> <li>Using excellent words in her persuasive writing</li> </ul>

## Week 7 - Junior Hughesdale Hero

Class	Name of Student	For Showing (Values)	Reasons
FA	Sofia Carr	Personal Best Respect Resilience Gratitude Teamwork	<ul style="list-style-type: none"> <li>For consistently showing all 5 of our school values! You are extremely respectful of your peers and their feelings, as well as working excellently in any team environment.</li> </ul>

<b>FB</b>	Claudia Coburn	Teamwork Respect Personal Best	<ul style="list-style-type: none"> <li>For working hard both at school and home to improve her writing skills. For being kind and considerate to all members of our class.</li> </ul>
<b>FC</b>	Shiv Mehta	Personal Best	<ul style="list-style-type: none"> <li>For the enthusiasm and hard work that you have showed during our Maths workshops.</li> </ul>
<b>FD</b>	Rajnee Bhat	Personal Best Resilience	<ul style="list-style-type: none"> <li>For the amazing attitude she has had during all tasks and activities. You have shown your personal best by consistently having a go at all tasks.</li> </ul>
<b>1A</b>	Zara Priest	Personal Best Gratitude	<ul style="list-style-type: none"> <li>For having an excellent work ethic and taking great pride in the presentation of your work. You are kind and polite to all your classmates. Keep up the good work Zara.</li> </ul>
<b>1B</b>	Andreas Karagounis	Personal Best Respect	<ul style="list-style-type: none"> <li>For displaying an amazing attitude and dedication towards your learning.</li> <li>You have been choosing sensible places to sit in the classroom and as a result, you have been able to focus and listen respectfully.</li> </ul>
<b>1C</b>	Maybelle Smith	Teamwork	<ul style="list-style-type: none"> <li>For always being one of the first to help her peers pack up or lend a hand if they need assistance with a hard task.</li> </ul>
<b>1D</b>	Leon Doyle	Teamwork Personal Best Respect	<ul style="list-style-type: none"> <li>For respecting your peers, packing up materials responsibly and working hard to do your personal best story this week.</li> </ul>
<b>2A</b>	Oliver Simic	Respect Personal Best	<ul style="list-style-type: none"> <li>Inviting others to play when they don't have anyone else to play with.</li> <li>Being nice to his friends.</li> <li>Working hard on his persuasive writing.</li> </ul>
<b>2B</b>	Tilly Campbell	Personal Best Teamwork	<ul style="list-style-type: none"> <li>For your creativity when creating a zoo in Maths</li> <li>For playing games fairly and sharing resources when working in groups</li> </ul>
<b>2C</b>	Henry Holmes	Resilience Respect Personal Best	<ul style="list-style-type: none"> <li>For showing resilience when creating his seal.</li> <li>For using his manners and being very polite</li> <li>Developing creative ideas during free choice writing</li> </ul>

**KELLY SPORTS**

**SPRING INTO SPORTS!**

**FLY-ACTION!**

**TERM 4**

**NETBALL AT HUGHESDALE P.S.**

**FRIDAYS 4-5**

**CONTACT ANGELA**

ANGELA@KELLYSPORTS.COM.AU

**0418 585 227**

BOOK ONLINE AT

**KELLYSPORTS.COM.AU**

# Moorabbin District Athletics Carnival

On Monday 2<sup>nd</sup> September, we competed at the SSV Moorabbin District Athletics Carnival. Out of the 8 schools, Hughesdale Finished 4<sup>th</sup>, only 10 points out of second place. It was fantastic to see all our students give their Personal Best and try their hardest. We had four school records also broken on Monday. Congratulations to James B (10yr Triple Jump 8.34m), Percy B (10yr 100m 14.51sec), James R (11yr 200m 29.65sec) and Chris N (12yr 200m 29.25sec) who now own a school athletics record!

The top 2 scores/times in each event (out of A, B, C and D) qualify to progress to the Kingston Division Carnival. The following students have qualified to compete for Hughesdale Primary at Division on Wednesday the 9<sup>th</sup> of October: Felicity C (High Jump and 4x100m Relay), Percy B (100m and 4x100m Relay), Oscar N (High Jump), Charlie T (Long Jump and 4x100m Relay), Zoe C (Long Jump and Triple Jump), Chris L (Long Jump), James B (Triple Jump), Ben M (Triple Jump and 4x100m Relay), James R (Triple Jump and 200m), Fraser M (Discus), Mikayla C (Discus and Shot Put), Chloe K (Shot Put), Charlie C (1500m and 200m), Chris N (100m and 200m), Grace W (800m and 4x100m Relay), Alexandra G (4x100m Relay), Milly B (4x100m Relay) and Harley L (4x100m Relay)

**Congratulations to the following students who placed in the ribbons in their event:**

Chris Nakos	1 <sup>st</sup> 12yr Boys 100m and 1 <sup>st</sup> 12yr Boys 200m
Felicity Curry	1 <sup>st</sup> 10yr Girls High Jump (A) and 2 <sup>nd</sup> 10yr Girls 4x100m Relay (A)
Percy Burgoyne	1 <sup>st</sup> 10yr Boys 100m Sprint (A), 1 <sup>st</sup> 10yr Boys 4x100m Relay, 3 <sup>rd</sup> 10yr Boys High Jump (A)
Mikayla Collins	1 <sup>st</sup> 12yr Girls Discus (A) and 1 <sup>st</sup> 12yr Girls Shot Put (A)
Chloe Kucera	1 <sup>st</sup> 11yr Girls Shot Put (B)
Fraser Mattinson	1 <sup>st</sup> 12yr Boys Discus (A) and 3 <sup>rd</sup> 12yr Boys Shot Put (A)
Charlie Corben	1 <sup>st</sup> 10yr Boys 200m (B) and 2 <sup>nd</sup> 10yr Boys 1500m
Charlie Thomas	1 <sup>st</sup> 10yr Boys Long Jump (A), 1 <sup>st</sup> 10yr Boys 4x100m Relay (A) and 2 <sup>nd</sup> 10yr Boys High Jump (B)
James Beruldsen	1 <sup>st</sup> 10yr Boys Triple Jump (A)
Oscar Newman	1 <sup>st</sup> 12yr Boys High Jump (A)
Harley Lancaster	1 <sup>st</sup> 10yr Boys 4x100m Relay (A) and 2 <sup>nd</sup> 10yr Boys Long Jump (B)
Chris Liantiniotis	1 <sup>st</sup> 12yr Boys Long Jump (A) and 2 <sup>nd</sup> 12yr Boys 100m (D)
Ben Muyemba	1 <sup>st</sup> 10yr Boys 4x100m Relay (A), 1 <sup>st</sup> 10yr Boys Triple Jump (B) and 3 <sup>rd</sup> 10yr Boys 200m (A)
James Rashio	1 <sup>st</sup> 11yr Boys 200m (A) and 2 <sup>nd</sup> 11yr Boys Triple Jump (A)
Alexandra Green	2 <sup>nd</sup> 10yr Girls 4x100m Relay (A) and 3 <sup>rd</sup> 10yr Girls 100m (B)
Zoe Curry	2 <sup>nd</sup> 12yr Girls Long Jump (A) and 2 <sup>nd</sup> 12yr Girls Triple Jump (A)
Grace West	2 <sup>nd</sup> 10yr Girls Triple Jump (B), 2 <sup>nd</sup> 10yr Girls 800m and 2 <sup>nd</sup> 10yr Girls 4x100m Relay
Milly Black	2 <sup>nd</sup> 10yr Girls 4x100m Relay (A)
Harry Kukulovski	2 <sup>nd</sup> 11yr Boys High Jump (B)
Deaken Pagondis	3 <sup>rd</sup> 11yr Long Jump (A)
Cleo Jones	3 <sup>rd</sup> 11yr Girls Triple Jump (A)
Isabella Armstrong	3 <sup>rd</sup> 11yr Girls Triple Jump (B)
Matilda Martin	3 <sup>rd</sup> 12yr Girls Triple Jump (B)
Matilda Bennett	3 <sup>rd</sup> 10yr Girls Discus (B) and 3 <sup>rd</sup> 10yr Girls Shot Put (A)
Kristina Andreev	1 <sup>st</sup> 12yr Girls Discus (B)
Amelia Zerveas	2 <sup>nd</sup> 10yr Girls Shot Put (B)
Jackson Robertson	3 <sup>rd</sup> 10yr Boys Shot Put (B)
Sam Briggs	3 <sup>rd</sup> 11yr Boys Shot Put (A)
Sean Darvell	3 <sup>rd</sup> 11yr Boys Shot Put (B)
Alex Lazos	1 <sup>st</sup> 11yr Boys 100m (C) and 3 <sup>rd</sup> 11yr Boys 1500m
Emerson Chrisp	2 <sup>nd</sup> 10yr Girls 100m (C)
Sarah Yang	1 <sup>st</sup> 10yr Girls 100m (D) and 3 <sup>rd</sup> 10yr Girls High Jump (B)
Billie Servastas	2 <sup>nd</sup> 11yr Girls 100m (B)
Angeleah Gruberman	1 <sup>st</sup> 11yr Girls 100m (C) and 3 <sup>rd</sup> 11yr Girls High Jump (B)
Jos Orfanos	1 <sup>st</sup> 11yr Boys 200m (B) and 3 <sup>rd</sup> 11yr Boys 100m (B)
Mia Newman	3 <sup>rd</sup> 11yr Girls 200m (B)
Hunter Hayes	3 <sup>rd</sup> 10yr Boys 800m

# HUGHESDALE PRIMARY SCHOOL ATHLETICS RECORDS

	100m	200m	800m	Discus	Shot Put	Long Jump	Triple Jump	High Jump
<b>10Girls</b> Year Time/ Distance	A.Skandalis 2017 14.89sec	A.Skandalas 2017 30.07sec	C.Whittle 2017 2m 43sec	M.Collins 2017 21.06m	M.Collins 2017 6.87m	C.Whittle 2017 3.85m	C.Whittle 2017 7.31m	C.Whittle 2017 1.20m
<b>10 Boys</b> Year Time/ Distance	P.Burgoyne 2019 14.51sec	J.Rashio 2018 30.53sec	D.Byrden J.Godden 2007/2011 2m 48sec	E.Khoury 2016 28.49m	D.Porter 2012 9.28m	A.Facchinetti 2011 3.90m	J.Beruldsen 2019 8.34m	O.Newman 2017 1.40m
<b>11Girls</b> Year Time/ Distance	C.Whittle A.Skandalis 2018 14.92sec	A.Skandalis 2018 28.97sec	C.Whittle 2018 2m 36sec	M.Collins 2018 22.06m	A.Box 2015 8.65m	A.Porter 2012 3.82m	C.Whittle 2018 8.93m	K.Brink 2007 1.35m
<b>11Boys</b> Year Time/ Distance	H.Campbell 2009 14.12	J.Rashio 2019 29.65sec	J.Godden 2012 2m 46sec	E.Khoury 2017 29.91m	D.Porter 2013 11.58m	A.Facchinetti 2012 4.10m	J.Rashio 2019 8.70m	O.Newman 2018 1.50m
<b>12Girls</b> Year Time/ Distance	M.Strugnell 2016 14.36sec	M.Strugnell 2016 29.26sec	M.Strugnell 2016 2m 42sec	M.Collins 2019 27.8m	H.Schoor 2017 7.38m	A.Porter 2013 4.87	A.Porter 2013 9.12m	J.Martin 2014 1.30m
<b>12Boys</b> Year Time/ Distance	N.Curry 2017 13.76sec	N.Curry C.Nakos 2017/2019 29.25sec	E.Churchill- King 2013 2m 39sec	D.Porter 2014 26.43m	D.Porter 2014 10.42m	F.Paynter 2016 4.47m	O.Newman 2019 9.40m	L.Curry 2015 1.64m

Records were started in 2005.

## Week 7

Total pages read:

4A: 73,818

4B: 60,691

4C: 69,470

4D: 68,527

Honourable Mentions:

**4A:**

- Mr C. can't keep count of the number of reading slips Costa has completed in recent weeks!

**4B:**

- Tom for reading a 400 page book.
- Palak for submitting a detailed reading summary sheet on the book the Secret Seven Adventure.

**4C:**

- Aditya and Leteris for continuing to add books to their challenge every week!

**4D:**

- Jimmy for completing 3 summary sheets this week.
- Stella for reading 2 books this week.
- Kiki for bringing in a summary sheet about a book called 'Smile.' Keep on smiling Kiki! :)

## Level 4 Reading Challenge

## Week 8

Total pages read:

4A: 77,229

4B: 67,135

4C: 73,810

4D: 71,563

Honourable Mentions:

**4A:**

- Costa back with another 4 slips this week, reaching his 6 month goal!
- Grace has also reached her 6 month goal!
- Zadie has passed the 11,000 page mark!
- Demetri shared just how much he learned about cars in his reading in amongst his 4 slips

**4B:**

- Lucy for flying past her 6 month goal! Well done!
- Amber for submitting 9 reading slips this week!

**4C:**

- Leteris for meeting his 3 month goal!
- Emerson for submitting 9 reading summaries in one week! Wow!

**4D:**

- Jimmy for submitting 4 reading summaries in one week! Fantastic work!
- Stella for submitting 2 reading summaries this week. Well done!



# Parenting Anxious Children Seminar

Does your child or teenager worry, feel anxious and seem stressed at times?

Would you like to gain a greater understanding of anxiety and learn some helpful strategies to support your child?

Learning to cope with anxiety, stress and fear can be deeply challenging, not only for children but also for parents and the family.

The Anxiety Recovery Centre of Victoria (ARCVic), a specialist state-wide mental health organisation, is passionate about educating parents so that they can feel emotionally strong and empowered to help their children.



**Monash Early Years & Family Services and ARCVic invite you to join us for a parenting anxious children seminar.**

**Topics to be covered include:**

- » Understanding anxiety and normal childhood development
- » How personality and environment contribute
- » The signs and symptoms for you and your children
- » Methods and strategies for you and your children
- » Relaxation exercises
- » Tips on building resilience
- » Where to go for more information and help
- » Take home material to support your learning.

**DATE** Wednesday 23 October 2019  
**TIME** 6.30pm - 8.30pm  
**WHERE** Function Room, Civic Centre  
Glen Waverley

***Seminar is free. Bookings are essential as there are limited places.***

Please contact: Rebecca Giles on 9518 3571  
or [Rebecca.Giles@monash.vic.gov.au](mailto:Rebecca.Giles@monash.vic.gov.au)