HAPPENINGS



Every Child, Every Chance, Every Day

Principal's Report

Week 8 Term 3 2021 Issue 14

We will do this, we've done it before!

This week, a question was posed about our main building and the year the second storey was built (1929-1930 by the way) and we came across a very pertinent reference. I wish to share my findings;

"The remodelling of the school coincided with the beginnings of the Great Depression. Across the State many families became homeless and it was common to see children barefoot and without food. The school community rallied where it could and those with the means sent in an extra lunch for deprived children. Local dairies sent in free milk. With exercise books unaffordable for many, brown paper was cut to size, tied together and used instead. As well as hard times epidemics of diphtheria and poliomyelitis caused great anxiety and the school's closure for various periods of time throughout the 1930's"

While the early 1930's is before any of our time, lockdowns are already part of our school's past. It is hard to believe that what we are experiencing will be ever forgotten, but it seems when given enough time that is what happens.

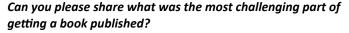
Student Authors

Congratulations to Iha and Syon Guruprasad, both publishing books this term. We are incredibly proud of them. I posed some questions to them both, so we can learn from their experiences.

Hi Iha. What prompted you to become a writer?

During home schooling I found out a mind boggling fact. Over 8.9 billion people don't get enough exercise. I love exercise. This

inspired me to write a book for younger kids to get up and get moving. A fact inspired me!



The most challenging bit was when I had to get illustrations from Gozde. Since she was in the Netherlands it was all emails and when you talk to someone I feel it is easier to express your

likes and dislikes better than emails.

Can you please explain the feelings you have experienced getting your book to this stage?

It was just after my birthday when I collected my books. My mask was protecting my smile. My book was finally published and I couldn't believe my eyes. I am so happy and ever so grateful to my parents for helping me in this incredible journey.

What advice would you have for other students who want to get a book published?

BE PATIENT! Making a book takes time and you need to get the perfect plot. To make a book you need to be PATIENT! No matter how many papers are in the



HOW TO CONTACT THE SCHOOL

SCHOOL 9570 4808 OSHC 0423 940 728

www.hughesdaleps.vic.edu.au email: hughesdale.ps@education.vic.gov.au

Past *Hughesdale Happenings* can be found on **COMPASS** in **Community** under **School Documentation**



bin, keep going and don't let frustration get in your way.

Where to next?

My next book will still be focused on getting kids moving. My next book will be aimed at older kids.

Hi Syon. What prompted you to become a writer?



I love putting my vivid imagination on a piece of paper. The detail in a good piece of writing that swallows everyone's mind is the feeling that I have always loved when reading good books. As a writer I want to create the same feelings.

Can you please share what was the most challenging part of getting a book published?

The hardest part of this journey was editing as it was the most time consuming. I had to go over the story again and again to make it more interesting and add detail.

Can you please explain the feelings you have experienced getting your book to this stage?

I felt utmost happy when I held the book in my hands. It was an amazing sensation that I was able to conquer one of my dreams.

What advice would you have for other students who want to get a book published?

My tip is to do rigorous and regular writing and to be patient. At times I felt like giving up but I didn't. Don't let your mind play it's game.

Where to next?

My next project is Eagle Brown 2 and the rest of the trilogy.

Another contributor to Eagle Brown is Kirby Rooney who did some of the illustrations in Syon's novel. Kirby is also a Year 5 Hughesdale student and he loves to read and draw.

If you would like to read more about Iha, Syon and their books, you might like to visit their websites;

www.eaglebrownbooks.com www.getmovingwithmisty.com

Parent Resources

To support our school community during this time, resources and support are available for parents, carers and families. These resources will help to support the mental health and wellbeing of our students and the young people in our care. I encourage everyone in our community to access these resources and take care of themselves during this time.

The Department of Education (DET) has a publicly available website supporting parents and carers with "Managing Screen Time, Health and Wellbeing". There is an abundance of information you can delve into, assisting you and your children during remote learning and into the future. There are a number of links that expand to further information and resources that you may find beneficial, personalising your own reading and support.

https://www.education.vic.gov.au/parents/family-health/ Pages/your-childs-wellbeing.aspx

Supporting the mental health and wellbeing of our students remains our priority this year, especially during the continued COVID-19 pandemic and while students are learning from home during the current circuit breaker restrictions. Other resources you may like to investigate include;

- wellbeing activities and conversation starters for parents of parents of primary school-aged children and parents of secondary school-aged children
- Raising Learners podcast series
- how to talk to your child about COVID-19
- headspace is running <u>webinars</u> for parents and carers about offering support when they are concerned about a young person's mental health.
- Together with your child you may investigate <u>Wellbeing</u> activities featuring AFL and AFLW players with tips on managing stress, staying active and gratitude.

Warmest Regards,

Lisa Gough

lisa.gough@education.vic.gov.au

Assistant Principal's Report

AMANDA BREEDEN-WALTON Wellbeing and Daily Organisation

As stated by Lisa, we have done this before and we can do it again!

Families may like to listen to:

Dr Michael Carr-Gregg

" How families can adapt to lockdowns together"

Tuesday 07 September 2021, 7.30 pm to 8.30 pm

With the latest Delta variant expected to be with us for some time, we want to prepare and support our communities as best we can.

We understand parents and children can feel upset, anxious or frustrated, so in this webinar, Dr Michael Carr-Gregg aims to give us practical advice on managing the disruption and uncertainty so many families face in these times.

The webinar will cover:

- What should we be saying to families, friends and ourselves?
- How do we parent during lockdown?
- What can you do to maintain family relationships?

How do we look after ourselves?

*Please note, this session will not be recorded. However, presentation slides will be distributed after the event.

To register follow the link below. (If you are having difficulties try using Chrome.)

https://www.manningham.vic.gov.au/Parenting-Seminar-Series

Find the gift and the opportunity!

With the current lockdown extended, it is often difficult to wake up each morning with a positive mindset and enthusiasm for the days or weeks ahead, but it is possible.

Each day challenge yourself and those in your family to reflect on the best part of your day and look for the opportunities presented to us- focus on the positives!

Just last week, my son told me the best part of his day was the hot dogs at lunchtime - I would count that as a positive win!

R U OKAY Day is just around the corner



Thursday 9th September is R U OK DAY.

Asking our friends these sorts of questions are certainly positive steps that we can take to help support them during difficult times, although these sorts of conversations can be a bit daunting and sometimes pretty tricky.

- 1. Ask R U OK? use a friendly tone to ask a friend how they're going.
- 2. Listen carefully to what they have to say don't judge them, just show that you understand them and that you can imagine how they might be feeling.
- 3. Encourage action remind them that they can take steps to improve a situation or if needed they can seek help from their parents, teachers or a health care worker.
- 4. Check in see how they are going down the track. Don't just leave it as a one off chat.

The R U OK? Website - https://www.ruok.org.au/ has some excellent resources and a whole lot more information for parents and students about how to best support those we care about, it is definitely worth a look.

Take care,

Amanda Breeden-Walton (she/her)

amanda.breeden-walton@education.vic.gov.au





The Victorian Premiers' Reading Challenge is now open and Hughesdale Primary School is excited to be participating. The PRC application offers a range of exciting features including:

- access to a library catalogue (including book images and blurbs)
- a modern user-friendly interface
- · rewarding students with badges as challenge milestones are achieved
- the option for students to mark books as a favourite, give them a star rating or complete a book review

The Challenge is open to all Victorian children from birth to Year 10 in recognition of the importance of reading for literacy development. It is not a competition; but a personal challenge for children to read a set number of books by 17 September 2021.

Children from Prep to Year 2 are encouraged to read or 'experience' 30 books with their parents and teachers. Children from Year 3 to Year 10 are challenged to read 15 books.

All children who meet the Challenge will receive a certificate of achievement signed by the Victorian Premier and former Premiers.

To read the Premier's letter to parents, view the booklist and for more information about the Victorian Premiers' Reading Challenge, visit: www.education.vic.gov.au/prc

Ending Friday September 17th 2021.



Mental Health Services and Support

Beyond Blue

24/7 mental health support service

1300 22 4636 beyondblue.org.au

Lifeline

24/7 crisis support and suicide prevention services

13 11 14 lifeline.org.au

headspace

Online support and counselling to young people aged 12 to 25

1800 650 890 (9am-1am daily) For webchat, visit: headspace.org. au/eheadspace

Suicide Call Back

24/7 crisis support and counselling service for people affected by suicide

1300 659 467 suicidecallbackservice.org.au

Kids Helpline

24/7 crisis support and suicide prevention services for children and young people aged 5 to 25

1800 55 1800 kidshelpline.com.au

1800RESPECT

24/7 support for people impacted by sexual assault, domestic violence and abuse

1800 737 732 1800respect.org.au

Mensline

24/7 counselling service for men

1300 78 99 78 mensline.org.au

OLife

LGBTI peer support and referral

1800 184 527_(6pm-10pm daily) qlife.org.au (online chat 3pm-12am daily)

If you are concerned about someone at risk of immediate harm, call 000 or go to your nearest hospital emergency department.













Assistant Principal's Report

AMANDA SEACH

Curriculum and Pedagogy

NAPLAN 2021 - Congratulations Victoria

NAPLAN, the National Assessment Program - Literacy and Numeracy, is a set of assessments (Reading, Writing, Language Conventions and Numeracy) completed each May by all Australian students in Years 3, 5, 7 and 9. In 2020 this assessment program did not run due to COVID19 complications.

This year our Year 3 and 5 students sat the assessments and last week the national level data was released. Victoria held top spot as the highest-performing jurisdiction on seven out of ten measures in the primary school years with Year 3 and Year 5 Reading and Numeracy results the highest in the country. You can read more in the Highlights from Victorian Preliminary Results in NAPLAN 2021 contained in this newsletter. These results are enormously encouraging and a testament to the strength of the people in our education system.

NAPLAN is a snapshot of achievement on a given day, at a set point in time and at Hughesdale Primary we are proud of all students who completed the tests drawing on the school value of Personal Best. Individual results are in the post for students in Years 3 and 5 who sat NAPLAN in 2021.

Seesaw

Seesaw is the digital platform/app used by students in Foundation - Year 2 during remote learning. It allows teachers

to post presentations, videos and audio and allows students to respond in creative ways such as through video, photographs, annotations and audio. Each week I post to the staff Compass feed the numbers for the previous week and this week just past was a record breaking one!

New items added = 3.507

(this includes teacher and student posts)

Likes = 2,027 (love hearts!)

Comments = 1,971 (feedback from teacher to student

and student to teacher)

Following on last year's success in using Seesaw to connect our future Foundation students with their new school we have also sent out platform details to our Foundation 2022 families. As we are unable to run a traditional onsite transition program this has been a great way to share multimedia with families and for them to share back with us. Our teachers have done a fabulous job of creating activities for these newest young Hughesdale learners to engage with even if they can't visit us at school just yet.

Kind regards

Amanda Seach

amanda.seach@education.vic.gov.au

Highlights from Victorian Preliminary Results in NAPLAN 2021

The incredible resilience and hard work of Victorian educators, students and families has been reflected in the remarkable results for this year's NAPLAN tests.

Leading the nation

Victoria has held top spot as the highestperforming jurisdiction on seven out of ten measures in the primary school years. Our Year 3 and Year 5 numeracy results were the highest in the country.

Year 7 students achieved the highest scores of any jurisdiction for the foundation skills of Reading and Numeracy, and our Year 9 students achieved the highest scores for Spelling.

2021 Victorian rankings relative to other jurisdictions – primary year levels and domains

Mean score	Year 3	Year 5
Reading	1	1.
Numeracy	1	1
Writing	2	1
Spelling	2	2
Grammar and Punctuation	1	1

More students achieving their best

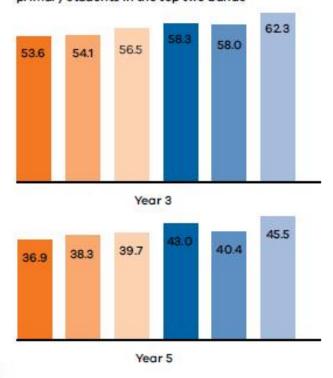
Victoria also improved on our 2019 results. Reading was a particular highlight, with students in years 3, 5 and 7 demonstrating significant improvement.

More than 62 per cent of Year 3 students are now achieving in the top two bands for Reading, representing an increase of almost ten per cent from 2015.

Since 2015, the number of students in the bottom two bands for Reading has decreased by more than eight percentage points for Year 5 students and more than two percentage points for Year 3 students.

In years 3 and 5, over 13,000 more students are achieving at the highest reading levels compared to 2015.

NAPLAN Reading: Proportion of Victorian primary students in the top two bands



2015 2016 2017 2018 2019 2021

Secondary school achievement Celebrating Year 9 success

Across secondary schools, more students are achieving in the top two bands of Reading compared to 2019 and there are fewer students in the bottom two bands.

Year 7 students improved in Reading, Writing and Spelling compared to 2019 and achieved the highest scores of any state or territory for Reading and Numeracy.

2021 Victorian rankings relative to other jurisdictions - Year 7 level

Mean score	Year 7
Reading	1
Numeracy	1

For the first time, almost 19,000 Year 9 students are receiving certificates to recognise their excellence or significant learning growth on their Year 7 NAPLAN results.





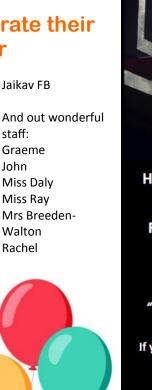
Happy Birthday to the wonderful staff and students at Hughesdale who celebrate their birthdays in September

Phoebe 6A Elly 3A Toby 6C Peta3B Dijana 2D Felicity 6B Jack 6B Ben 2C Shelby 6B Khoa 2D Sofia 2B Ethan 6A Cassandra 5B Alphonse 2B William 2D Nicholas 5A Max 2D Abigail 5C Pranjal 5b Dashiell 2C Archer 5A Vincent 1B Timothy 5B Maddox 1C Sarah 5A Zachary 1C Evelyn 5B Harvey 1C Sarah 5A Alyssa 1D Evelyn 5B Cohen FA Arrsh 5A Natalie FB Zheng 5C Mila FC Taylor 4B Dimitri FD Dimitri 4A Param FC Nicholas 4B Grace FA **CHarlotte FB** Jessica 4A Jemma FB Harry 4A Finn 4A Nixie FB Sarah 4C Yashaswin FD

Mila FD

Eliana Rose FC

Lilv 3D Maxiangru 3C



Jaikav FB

staff:

John

Graeme

Miss Daly

Miss Rav

Walton

Rachel





Our stores are still open for Online orders and Click & Collect

If you place your online order by 11pm on Monday evenings we will have it prepared for despatch or contactless Click & Collect from our stores between 1pm and 5pm every Tuesday only. Delivery delays should be expected.

Please wait for email or SMS confirmation before heading to your store for collection of goods.

www.psw.com.au